

Food Safety & Nutrition Live

A One Day Conference

Tuesday 20th May 2014, Glasgow



A "MUST" attend event for all professionals involved in the preparation and provision of food.



MEDICA CPD

In association with
 University
of Glasgow

 Food
Standards
Agency
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 healthy living
award
the sign of healthier food

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EASY WAYS TO BOOK

- Online: www.medicacpd.com

- Telephone: 0141 638 4098 / 387 4684



Welcome to Food Safety & Nutrition Live 2014

For anyone involved in the preparation and handling of food there is greater pressure than ever to ensure the food you serve is not only safe to eat but is healthier too. Through lively and engaging sessions we aim to keep you up to date on all the latest hot topics and current developments relating to food safety and nutrition as well as providing practical ideas and inspiration.

As you will see from the programme, we have brought together a fantastic line up of speakers who will make your learning informative and enjoyable.... we do hope you can join us!

Some Great Reasons To Attend

- Benefit from the latest updates and guidelines on food safety and ensure you are in touch with current developments.
- Gain practical information and improve your own food safety practices.
- Benefit from a greater understanding and knowledge of nutrition and how to apply the principles of good nutrition and health in practice.
- Hear from and meet key experts.
- Debate and discuss hot topics.
- Network with others.
- Learn about new products, services and educational resources.
- Certificates of attendance

Conference details

Date: Tuesday 20th May 2014

Venue: Hilton Glasgow Grosvenor Hotel,
1-9 Grosvenor Terrace, Glasgow, G12 0TAA

Time: The conference will commence promptly at 10.00am and finish at approximately 4.15pm. Registration will be open from 9.15 - 10.00am with refreshments on arrival.

Cost: £195 + vat including refreshments and lunch.

Forthcoming course:

"Eating Well for Older People & Older People with Dementia", 19th May 2014, Glasgow, see www.medicacpd.com

Who Should Attend

This conference is essential for all staff and managers working in organisations or businesses that produce food including:

- Catering - Catering managers, chefs & cooks, local authority caterers, prison caterers, hospital caterers, schools caterers, care home & nursery caterers, college & university caterers, contract caterers as well as those working in hotels and restaurants.
- Education - Those who teach nutrition, food safety, health & catering.
- Food safety - Food safety officers, trainers and managers, environmental health departments & staff.
- Nursing homes - owners, managers & nurses.
- Professional catering, nutrition or food safety organisations.
- Others with an interest are welcome to attend.

Registration

Online: www.medicacpd.com

Telephone: 0141 638 4098 / 07966 561474

By Post: Please complete the registration form on the leaflet, detach and return no later than **12th May 2014**.

It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you.

Exhibition and Promotion Opportunities

We have several exhibition and promotional opportunities available, please call Fiona Serafini on 0141 387 4684 or email fiona@medicacpd.com for more information.

Programme

- 9.15 - 10.00 **Registration and refreshments on arrival**
10.00 - 10.05 **Welcome & Opening Comments from Morning Chair**
The Royal Environmental Health Institute of Scotland (REHIS)

Focus on Food Safety

- 10.05 - 10.30 **Food Surveillance and Authenticity**
- Lessons learnt from the 2013 Horsemeat incident and the way forward
Peter Midgley, Head of Enforcement Branch, Scotland, Food Standards Agency
- 10.30 - 10.35 **Questions**
- 10.35 - 11.15 **Food Safety Outbreaks – Limiting the Damage Environmental Health Perspective**
- How to manage a food safety outbreak
- What to consider, how to act & expected outcomes
John Sleith, Food and Safety Regulation Manager, Falkirk Council
- Poisoning Your Reputation?**
- How PR can be an antidote
- Getting the media on your side
Scott Thornton, Director, Hotel PR
- 11.15 - 11.20 **Questions**
- 11.20 - 11.45 **Refreshment break**
- 11.45 - 12.10 **Food Safety In Practice**
Cross contamination. Where are we now?
Stuart Moffat, Director, Raising Standards Training Consultancy
- 12.10 - 12.15 **Questions**
- 12.15 - 12.40 **Food Sustainability**
Restaurants and the wider food industry are one of the biggest wasters of food, what can the catering industry do to reduce waste?
Good practice and practical advice on reducing waste, recycling more and saving money!
Denise Connelly, Key Account Manager Hospitality & Tourism, Resource Efficient Scotland
- 12.40 - 12.45 **Questions**
- 12.45 - 1.45 **Lunch**
- 1.45 - 1.50 **Opening Comments from Afternoon Chair**
Garry Allan, Head of Department in Hospitality and Professional Cookery, New College Lanarkshire

Focus on Food, Nutrition and Healthy Eating

- 1.50 - 2.15 **Food – The Next Big Thing**
Where do food trends originate? Which cuisines are on the up? And which are in decline?
Fashionable ingredients and how can caterers use food trends to their advantage
Charles Banks, Co- Founder, The Food People
- 2.15 - 2.20 **Questions**
- 2.20 - 2.45 **Nutrition and Health for Caterers – A Knowledge Update**
Professor Mike Lean, Chair of Human Nutrition, University of Glasgow
- 2.45 - 2.50 **Questions**
- 2.50 - 3.05 **Refreshment break**
- 3.05 - 3.30 **Catering for Special Diets - Food Intolerance and Allergy**
- Facts and Fiction
- Food Labelling and Allergy
Allergy UK
- 3.30 - 4.00 **Healthier Food Choices**
- What can be done to help encourage to benefit our nation's health and wellbeing?
- Ideas And Inspiration
Janice Gillan, Head of Clinical Support Services East, Hospital Caterers Association
Anne Lee, Project Manager, Healthyliving Award
- 4.00 - 4.15 **Questions, discussion and closing remarks**
- 4.15pm **Approx close**

Registration Form - Food Safety & Nutrition Live 2014

You can register:

- Online at – www.medicapd.com
- By Telephone - 0141 638 4098 / 07966 561474
- By Post - Please complete this registration form, download and return no later than 12 th May 2014, to the address at the bottom of this form.

I wish to attend the following event: (please tick the appropriate box)

Food Safety & Nutrition Live 2014, 20th May 2014, £195.00 + vat

Your Details (BLOCK CAPITALS)

First name _____ Surname _____

Job Title _____

Organisation _____

Email (required) _____

Address: _____

Postcode _____ Tel _____

Special diets/mobility _____

How did you hear about the event? _____

It is advisable to book ASAP as places are restricted. Confirmation of booking and further information will be emailed to you. If you have not received confirmation within ten days of submitting your booking, please contact Carolyn on the above numbers or email carolyn@medicapd.com

How to Pay:

It is the responsibility of the delegate to ensure payment is made prior to attendance of the event/s. (Please tick appropriate box)

- By Cheque: I enclose a cheque for the appropriate amount made payable to "Medica Cpd Ltd" and send with the form to the address below.
- By Credit Card: Please book online at www.medicapd.com (A small charge of 3.4% will be added to all credit credit/debit card charges)
- By Invoice: Please send invoice to –

Name (in block capitals) _____

Job Title _____

Organisation _____

Address _____

Postcode _____ Tel _____

Email _____

Purchase order number (if relevant) _____

An invoice will be sent to the appropriate person by email. If you would prefer to receive confirmation by post please tick this box.

Payment due: 30 days from invoice date or before the event date (**whichever comes sooner**). Confirmation will only be issued when payment of invoices are received in full, early registration is essential for invoices.

Group Bookings – Please call Carolyn on 0141 638 4098

Terms and Conditions 1. Your registration constitutes a legally binding agreement. Payment must be received before the event. 2. Cancellation policy: Cancellations will only be accepted in writing. A refund, less an administration charge of £25.00 will be given to all cancellations received before the 20th February 2014. After this date the full fee is payable, regardless if the delegate attends or not. Substitutions can be made if we are notified up to 3 days before the event. "No shows" on the day are liable for the registration fee. 3. The organisers reserve the right to change the programme, speakers and venue as required. 4. In the unlikely event that we have to cancel the event/s we will issue a refund for the registration fee. We are not responsible for any other costs.

Data Protection The personal data that you supply during the registration of these events will be entered into a database and used by the conference organisers to manage your registration and attendance. Unless you advise to the contrary, in writing and in advance to the Conference Organiser, your name and affiliation may be made available in a list of delegates to both attendees at, and the sponsor(s) of the events. The personal data in the database will be retained by the Conference Organisers unless requested in writing, and may be used to inform you about other appropriate services and events that may be organised in the future.

Medica Cpd Ltd

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